

SANE Program Operation and Development Guide



Susan Chasson
Kim Day

Acknowledgments

This presentation was supported by the U.S. Department of Justice Office for Victims of Crime through its Training and Technical Assistance Center (OVC TTAC). The opinions, findings, conclusions, and recommendations expressed in this presentation are those of the authors and do not necessarily reflect the views of the U.S. Department of Justice or the Office for Victims of Crime.

**OVCTTAC**

History of the SANE Guide

- 1999, first Guide published by the Office for Victims of Crime
- Linda Ledray, Pat Speck, Colleen O'Brien, Kathy Simmelink, and Maggie Pharris
- Guide tried to show the efficacy of SANE programs
- SANE programs
 - 1991, 20 programs
 - 1999, 117 programs
 - 2016, 800+ programs

1 / 2 / 3 / 4

**OVCTTAC**

Purpose of the Guide

- Help communities that want to start a SANE program
- Enhance and sustain existing programs

1 / 2 / 3 / 4

**OVCTTAC**

Resources Used

- Partners: IAFN and ACEP
- Content experts
- National Protocol for Sexual Assault Medical Forensic Examinations
- ACEP Evaluation and Management of the Sexually Assaulted or Sexually Abused Patient
- SANE Sustainability Project - NSVRC

1 / 2 / 3 / 4

**OVCTTAC**

Five Key Principles

- Patient-Centered Care
- Trauma-Informed Care
- Evidence-Based Practice
- Recognition of Community Uniqueness
- Multidisciplinary Approach

1 / 2 / 3 / 4

Patient-Centered Care

The Institute of Medicine defines patient-centered care as “providing care that is respectful of and responsive to individual patient preferences, needs, and values, and ensuring that patient values guide all clinical decisions.”



1 / 2 / 3 / 4

Trauma-Informed Care

Trauma-informed care is defined as care that "involves seeking to understand the connection between presenting symptoms and behaviors and the individual's past trauma history. As a practice and set of interventions, trauma-informed care involves the professional relationships and interventions that take into account the individual's trauma history as part of efforts to promote healing and growth."

– Gordon Hodas, M.D.



1 / 2 / 3 / 4

Evidence-Based Practice

The Agency for Healthcare Research and Quality defines evidence-based practice as "applying the best available research results (evidence) when making decisions about health care. Health care professionals who perform evidence-based practice use research evidence along with clinical expertise and patient preferences."



1 / 2 / 3 / 4

Recognition of Community Uniqueness

When creating a SANE program, it is important to recognize that communities have unique assets and problems that impact program development.



1 / 2 / 3 / 4

Multidisciplinary Approach

Getting the best results for both the patient and the community requires a team approach. Every team member has an important role to play and a contribution to make. The multidisciplinary team approach is essential if sexual assault survivors are going to experience healing and perpetrators of violence are going to be held accountable.



Importance of a Strong Nursing Foundation

- Improves sustainability
- Improves patient outcomes
- Improves criminal justice outcomes

Joanne Duffy's The Quality-Caring Model©

- Four caring relationships
 - Caring for Patient and Family
 - Caring for Others (including collaboration as caring)
 - Caring for Community
 - Caring for Self

◁ / ▷

Duffy – Eight Factors of Caring

- Mutual problem solving
- Attentive reassurance
- Human respect
- Encouraging manner
- Appreciation of unique meanings
- Healing environment
- Basic human needs
- Affiliation needs

◁ / ▷

**OVCTTAC**

Recognizing Community Uniqueness

- This Guide acknowledges that there is no “one size fits all” SANE program
- Must start by examining resources in a community
 - What services already exist
 - What is working well
 - What financial resources are available to start a program

◂ ◃ ◅ ◆ ◇ ◈ ◉ ◊ ○ ◌ ◍ ◎ ● ◐ ◑ ◒ ◓ ◔ ◕ ◖ ◗ ◘ ◙ ◚ ◛ ◜ ◝ ◞ ◟ ◠ ◡ ◢ ◣ ◤ ◥ ◦ ◧ ◨ ◩ ◪ ◫ ◬ ◭ ◮ ◯ ◰ ◱ ◲ ◳ ◴ ◵ ◶ ◷ ◸ ◹ ◺ ◻ ◼ ◽ ◾ ◿ ◰ ◱ ◲ ◳ ◴ ◵ ◶ ◷ ◸ ◹ ◺ ◻ ◼ ◽ ◾ ◿

**OVCTTAC**

Guide Provides Access to Tools

- Readiness Assessment
- Community Assessment
- Business Plan

◂ ◃ ◅ ◆ ◇ ◈ ◉ ◊ ○ ◌ ◍ ◎ ● ◐ ◑ ◒ ◓ ◔ ◕ ◖ ◗ ◘ ◙ ◚ ◛ ◜ ◝ ◞ ◟ ◠ ◡ ◢ ◣ ◤ ◥ ◦ ◧ ◨ ◩ ◪ ◫ ◬ ◭ ◮ ◯ ◰ ◱ ◲ ◳ ◴ ◵ ◶ ◷ ◸ ◹ ◺ ◻ ◼ ◽ ◾ ◿ ◰ ◱ ◲ ◳ ◴ ◵ ◶ ◷ ◸ ◹ ◺ ◻ ◼ ◽ ◾ ◿

Recognizing Community Uniqueness

- Previous resources have identified “special populations”
- The goal of this Guide is to integrate into all parts of the program an awareness that each individual patient may have unique needs that should be considered when creating plans of care

» / » / »

Recognizing Community Uniqueness

- Who lives in your community?
 - Students
 - Incarcerated persons
 - Ethnic groups
 - Refugees
 - Limited English Proficiency persons

» / » / »

**OVCTTAC**

Hidden Populations That Exist in All Communities

- Is your program seen as welcoming to everyone in your community?
 - Homeless/runaway
 - Undocumented
 - LGBTQ
 - Chronic mental illness

1 / 20

**OVCTTAC**

Recognizing Community Uniqueness

The Guide provides a resource list for helping your program provide services that recognize the uniqueness of each individual.

1 / 20

OFFICE OF JUSTICE PROGRAMS

OVCTTAC

OFFICE OF JUSTICE PROGRAMS

OFFICE FOR VICTIMS OF CRIME

Search

SHARE PAGE

SANE Program Development and Operation Guide

HOME ACKNOWLEDGMENTS HOW TO USE THIS GUIDE SUBMIT FEEDBACK

Table of Contents	RESOURCE LIST
<p>1: Introduction to the SANE Program Development and Operation Guide</p> <p>2: Building a Patient-Centered, Trauma-Informed SANE Program</p> <p>3: Building a Sustainable SANE Program</p> <p>4: Legal and Ethical Foundations for SANE Practice</p> <p>5: Management of SANE Programs</p> <p>6: Program Operational Costs and Funding</p> <p>7: Identifying Essential Components of a SANE Program</p> <p>8: Multidisciplinary Response and the Community</p> <p>9: Maintaining a Quality Program</p> <p>10: Expanding Forensic Nursing</p>	<p>Adolescents</p> <p>Guttmacher Institute: An Overview of Minors' Consent Laws <input type="button" value="P"/></p> <p>Adolescent Sexual Assault Victims' Experiences with SANE-SARTs and the Criminal Justice System <input type="button" value="P"/></p> <p>Sexual Violence Against Youth and Young People - NSVRC <input type="button" value="P"/></p> <p>Linking the Roads: Working with Youth Who Experience Homelessness & Sexual Violence - NSVRC <input type="button" value="P"/></p> <p>The Clinical Management of Children and Adolescents Who Have Experienced Sexual Violence <input type="button" value="P"/></p> <p>Adults Molested as Children</p> <p>Rape, Abuse & Incest National Network (RAINN) <input type="button" value="P"/></p> <p>Advocacy</p> <p>Core Competencies: The Unique Skills of Advocacy <input type="button" value="P"/></p> <p>African-American Resources</p> <p>Women of Color Network Facts and Stats: Sexual Violence <input type="button" value="P"/></p> <p>Sexual Violence in the Lives of African American Women <input type="button" value="P"/></p>

OFFICE OF JUSTICE PROGRAMS

OVCTTAC

OFFICE OF JUSTICE PROGRAMS

OFFICE FOR VICTIMS OF CRIME

Creating or Maintaining a Sustainable Program

- Provides direction for program development
 - Stakeholders who need to be involved
 - Assessing readiness
 - Choosing a program model

OFFICE OF JUSTICE PROGRAMS

OVCTTAC

JUSTICE FOR ALL
OVC

OFFICE OF JUSTICE PROGRAMS

OFFICE FOR VICTIMS OF CRIME

Search  [SHARE PAGE](#)

SANE Program Development and Operation Guide

HOME ACKNOWLEDGMENTS HOW TO USE THIS GUIDE SUBMIT FEEDBACK

Table of Contents	[Expand]	
▶ 1: Introduction to the SANE Program Development and Operation Guide		
▶ 2: Building a Patient-Centered, Trauma-Informed SANE Program		
▶ 3: Building a Sustainable SANE Program		
▶ 4: Legal and Ethical Foundations for SANE Practice		
▶ 5: Management of SANE Programs		
▶ 6: Program Operational Costs and Funding		
▶ 7: Identifying Essential Components of a SANE Program		

BUILDING A SUSTAINABLE SANE PROGRAM

This chapter will guide the individual or group that would like to develop a SANE program through the process of identifying members of the community who need to be part of the initial development process. It also examines critical issues that need to be addressed before starting a SANE program. Resources and examples of tools for program development are provided in the resource section.

[3.1. Partners and Stakeholders](#)
[3.2. Readiness Assessment](#)
[3.3. Assessing the Community Need for a SANE Program](#)
[3.4. Developing an Organization That Looks Like Your Community and Is Welcoming to all Survivors](#)
[3.5. Marketing Your Program](#)
[3.6. Program Models](#)
[3.7. Program Goals and Objectives](#)
[3.8. Business Plan](#)
[3.9. Creating Programs in Unique Community Settings](#)



OFFICE OF JUSTICE PROGRAMS

OVCTTAC

JUSTICE FOR ALL
OVC

Looks at Specific Community Settings

- Tribal
- Rural
- Military
- Telemedicine

**OVCTTAC**

Importance of Collaboration

- Within the hospital or community setting
- With SART members
- With other organizations and agencies in the community

◁ / ▷

**OVCTTAC**

Evaluation

- Sexual Assault Nurse Examiner
- Program

◁ / ▷

Evaluation of Nurse

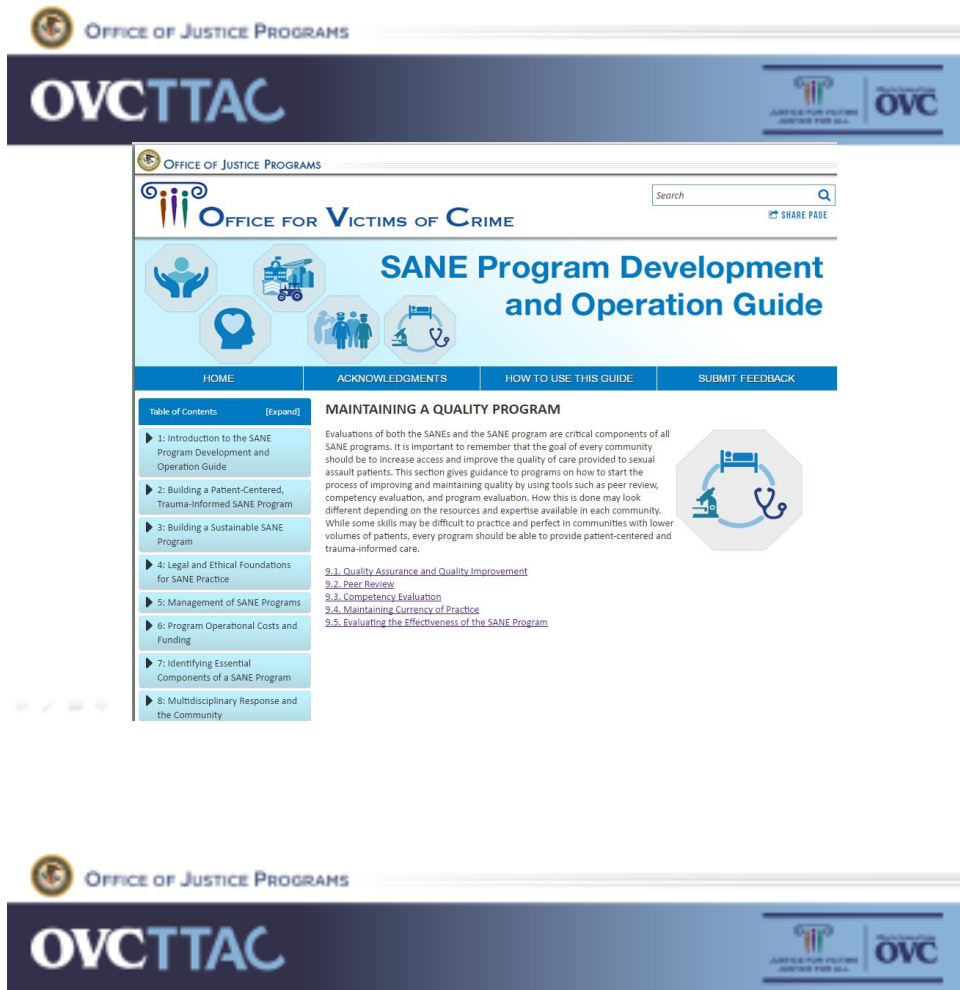
- Peer Review
- Competency Evaluation

1 / 2 / 3 / 4

Program Evaluation

- Process Evaluation
- Outcome Evaluation

1 / 2 / 3 / 4



SANE Program Expansion

- Assessing readiness to expand

Types of Expansion

- IPV
- Strangulation
- Child Maltreatment
- Injuries
- Iatrogenic Injuries/Risk Management
- Human Trafficking
- Suspect Examinations

◀ ▶ ↺ ↻

References

- Institute of Medicine. 2001. *Crossing the Quality Chasm: A New Health System for the 21st Century*. Retrieved August 4, 2016, from <https://www.nationalacademies.org/hmd/~media/Files/Report%20Files/2001/Crossing-the-Quality-Chasm/Quality%20Chasm%202001%20%20report%20brief.pdf>
- Hodas, G.R. 2006. *Responding to Childhood Trauma: The Promise and Practice of Trauma Informed Care*. Retrieved August 4, 2016, from http://www.echoparenting.org/wp-content/uploads/2012/05/promise_and_practice_of_ti_services_by_hodas.pdf
- Agency for Healthcare Research and Quality. Effective Health Care Program. Washington, DC:U.S. Department of Health and Human Services. Retrieved August 4, 2016, from <http://www.ahrq.gov/professionals/prevention-chronic-care/decision/index.html>
- Duffy, J.R. 2013. *Quality Care in Nursing and Health Systems: Implications for Clinicians, Educators and Leaders*. Second edition. New York: Springer Publishing Company.

◀ ▶ ↺ ↻